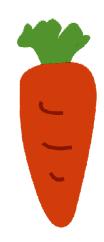
# Brockville Veggie Garden Jour 2014



Saturday August 23, 2014 10 am to 4 pm



www.transitionbrockville.com

### Why take a Veggie Garden Tour?

- For new (or even reluctant) gardeners, get inspired to start a garden.
- Learn new ideas for the special conditions on your property.
- Show your kids where some of their food comes from.
- Share experiences with other gardeners.

#### What's to see?

The six creative gardens on this free tour (see next panel) range from residential gardens to community and institutional plots. They feature raised beds, straw-bale gardens, and/or container gardens filled with a wide variety of veggies.

#### **Tour Features**

- All gardens are in Brockville, south of 401.
- Distinctive carrot sign marks garden locations.
- 🗼 Self-guided visit any gardens, in any order.
- Family-friendly cycling route starts at the parking lot at 25 Front Ave. W.
- Garden hosts have displays on healthy foods or sustainability, as well as people on hand to answer questions.
- Refreshments will be available (by donation) at 25 Front Ave. W. Start your day with a hot cup of coffee, and end it with a nice cool drink!

#### **About Transition Brockville**

Transition Brockville, founded by local residents in 2007, provides a non-partisan forum for sharing information about how each of us, in our daily lives, can help slow the rate of global warming, reduce our dependence on depleting fossil fuels, and adapt to the impacts of peak oil and climate change. Free monthly public presentations are held the fourth Sunday of the month at the Brockville Public Library. Transition Brockville also makes and sells rain barrels. For more information, visit **transitionbrockville.com**.

## The Gardens

A Leeds-Grenville Mental Health 25 Front Avenue West

Raised garden boxes, as a pilot project to promote healthier lifestyles for our consumers. Therapeutic Rec staff and Nutrition Group participants will be available for questions, and will provide refreshments, with proceeds donated to LGMH. Plans for next year include lower beds and greater use of the large green space surrounding our offices. Parking available for those bringing bicycles on their cars for the tour.

**B** 94 Abbott Street

Residential garden with raised, in-ground beds, berry bushes and fruit trees. Transition Brockville rain barrels will be available for sale.

© Upper Canada Family Health Team 5 Home Street

Health clinic garden with straw bale beds. Produce is being distributed free to UCFHT clients. A staff person will be available to answer questions regarding the straw bale garden.

D 35 Garden Street

Residential mixed laneway and backyard garden with containers and in-ground beds.

**E** 27 Murray Street

Residential mixed laneway fruit and veggie garden. Handmade garden ornaments available for sale.

(F) Butler's Creek Community Garden 251 North Augusta Road

Volunteer-run, 20-plot community garden on City of Brockville property. Second year of operation.

